

BIO-DATA



A) PERSONAL INFORMATION

- 1) Name : Dr. Lokare Gurudas Adinath
- 2) Designation : Director of Physical Education
- 3) Department : Sports
- 4) Residential address : C/O Suresh Talnikar, Bank Colony,
Darga road, Parbhani.431401
- 5) Date of Birth : 01.06.1961
- 6) Caste Category : Open
- 7) Education Qualification : M.P.Ed., M.Phil., Ph.D.
- 8) Gender : Male
- 9) Mother Tongue : Marathi.
- 10) Date of joining : 25/02/2002.
- 11) Teaching Experience : UG – 20 Years
- 12) E-mail : gurudaslokare@gmail.com
Mobile No. (o) (R) : 02452-227550(O); 9421459087(R)
- 13) Status of Appointment : Permanent.
- 14) Salary or pay scale : 15600-39100
- 15) A.G.P. : 7000

(B) ACADEMIC QUALIFICATION

Sr. No.	Exam.	University	Subject	Year	Division
1	B. A.	Shivaji University, Kolhapur	Physical Education	1985	I
2	B.P.Ed.	Amravati University,	Physical Education	1986	I
3	M.P.Ed.	Shivaji University, Kolhapur	Physical Education	1988	I (uni. Merit II)
4	M.Phil.	Bharathiar University, Coimbatore	Physical Education	2008	I
5	Ph.D.	S.R.T.M.U.Nanded	Physical Education	2011	--
6	N.I.S. (CER)	Aurangabad	Hand Ball	1990	B
7	DOEACC	DOEACC, Delhi	Computer Course	2011	B

(C) RESEARCH :-

Sr No.	Research	Title	University
1	M.Phil.	A Study the effect of climbing and stepping down the stairs on the performance of running broad jump in athletics	Bharathiar University, Coimbatore
2	Ph.D.	“ ykac mMh e;/s [ksGkMqps izkfo.; ok<fo.;klkBh y?qk varj /kkous o ik;&k p<.ks mrj.ks ;kapk gks.kk&;k ifj.kkepk rgyukRed	S.R.T.M.U. Nanded

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(D) Teaching Experience :-

Sr. No.	Name of the Institute	Duration
1	College of Phy.Edu. Udgir	1988-1991
2	D.S.M. College of Phy.Edu., Parbhani	1993-2000
3	Sharda Mahavidyalaya, Parbhani	2000- Till Now

(E) ORIENTATION / REFRESHER COURSE :

Sr. No.	Orientation course	The organizing body	Period
1	Orientation Course	Academic Staff College, Dr. Babasaheb Ambedkar Marathwada University, Aurangabad	03.07.2008 To 30.07. 2008
2	Refresher Course	Academic Staff College, Dr. Babasaheb Ambedkar Marathwada University, Aurangabad	05.03.2013 To 25.03.2013
3	Refresher Course	Academic Staff College, Punjabi University, Patiala	25.05.2015 To 13.06.2015
4	Short term Course	Human Resource Development Centre L.N.I. P.E. Gwalior	10.03.2016 To 16.03.2016

Published Research Paper Journal:-

1. Social Growth International Research Journal
(ISSN 2229-6190) (Vol I, Issue May to Oct 2011)
“ The Role of Ashtang yoga to conserve the Players health.”
2. Hi-Tech Research Analysis Journal (ISSN 2231-6671) (01 Feb To July 2011)
“ The Effect of Yoga on Self Esteem, and the level of Stress of Intercollegiate players.”

3. Indian Streams Research Journal (ISSN 2230-7850) (Vol I Dec 2011)
“A Study the effect of Climbing and Stepping down the Stayers on the performance of long jump on Athletics.”
4. Golden Research Thoughts (ISSN 3031-5063) (Vol. I. Issue. X .Apr 2012)
“ Suryanamaskaracha Vidhyarthya Lavchiktevar Honarya Parinamacha Abhyas.”
5. International Registered & Recognized Research Journal BANER
(ISSN- 2320-4362) (Vol.- I , April-Jun 2014)
“Role of Yogasan to Improve Strength Flexibility Mental Endurance & Performance in Game”
6. Contemporary Research in India.(ISSN-2231-2137) (Vol.IV .01March 2014)
“ Rajshri Shahu Maharajanche Krida Shetratil Yogadan .”
7. International Registered & Recognized Research Journal BANER
(ISSN- 2320-4362) Scheduling of Recreational Activities. Oct-Dec. 2015.
8. E-Journal (ISSN-2454-1974). Parbhani Jilhyatil Varishtha Mahavidyalayatil Krida Soyi suvidhancha Abhyas. April 2016.

Published Research Paper in Proceeding:-

1. Chatrpati Rajshri Shahu Maharaj and Wrestling.
2. Importance of Yoga in Modern Life.
3. Relevance of Gandhian Ideals in 21 st Century.
4. Need and Importance of yoga in college level.

LIST OF CONFERENCE/SEMINAR/WORKSHOP :

1. Attended Regional Level Workshop at Mahatma Basweshwar Mahavidyalaya Latur On 12-09 1999

2. Attended University Level Workshop at Sd. Sushiladev Arts, Science Commerce College Latur on 17 to 19 July 2003
3. Attended University Level Workshop at DSM college of Parbhani 03 to 04 March 2005.
4. Attended Regional Level Workshop at Nutan Mahavidyalaya Selu on 18 March 2006
5. Attended National Seminar at PES College of Physical Education, Aurangabad 28, 29 Jan 2010.
6. Attended State level Workshop at SRTMU Nanded on 01-02 2010.
7. Attended National level Workshop at SBES College Aurangabad On 27,28 March 2010
8. Attended National level Conference at SRTMU Nanded on 29,to 31 March 2010
9. Attended University Level Workshop at M.B. college of Latur on 29 April 2011.
10. Attended National level Conference at M.G.College, Ahmadpur on 28-30 January 2011
11. Attended National level Conference at College of Education, Barshi on 24-25 Sept. 2011.
12. Attended International Workshop at Osmania University, Hyderabad on 11-12 August 2012.
13. Attended National Conference at Maharashtra Mahavidyalaya, Nilanga on 15-16th April 2012.
14. Attended University Level Workshop at Marathwada Agricultural University, Parbhani on 12th Sept.2012.
15. International Interdisciplinary Conference at Sant Gadge Baba University, Amravati ISSN-2395-0315. Manorangan Kriyayon Ka Arth Va Prakar. 9-10 March 2015.
16. State Level Seminar – Kamaltai Kamkar Mahila College, Parbhani. ISBN 978-93-83871-57-5. Importance of Sports for Girls students. 15.02.2015.
17. National Seminar – P.A.H. College Ranisavargaon. ISBN – 978-93-83411-37-5. Mahavidyalayin Starvar Yogachi Garaj Va Mahatoa. 07.02.2015.
18. National Seminar S.S.S. Pawar College, Purna- ISBN- 978-81-921456 – 5-5 Sports personality.
19. National Seminar- Shivaji College, Hingoli- ISBN – 978-93-83871-63-6. Relevance of Gandhian Ideals in 21st Century 25 March 2015.
20. State Level – Sharda Mahavidyalaya, Parbhani. Yug Pravartak Rajshri Shahu Maharaj Jilhaistraya Charcha satra 27 June 2016.

PAPER READING:

1. Importance of Yoga at College & University Level.
2. The Place of Yoga in the change in Human nature.
3. The role of Ashtanga Yoga to conserve the player's health.
4. Samjachya kalyanat yogachi bhumika.
5. Sports Personality
6. Importance of Physical Education for Girl Students.
7. Manoranja Kriyayon ka Arth Aur Prkar

CONTRIBUTION AT COLLEGE LEVEL:

1. Member of Discipline committee.
2. Member of Sport Committee.
3. Member of Admission Committee.
4. Member of N.S.S. Committee.
5. Member of Class control Committee.

CONTRIBUTION AT UNIVERSITY LEVEL:**Joint Chief superintendent :-**

- 1) M.P. College, Palam, - 2002-03
- 2) Nutan College, Selu, - 2003-04
- 3) Arts, Comm. & Sci. College, Gangakhed – 2004-05 (Oct.)
- 4) Arts, Comm. & Sci. College, Gangakhed – 2004-05
- 5) Nutan College, Selu, - 2005-06 (Oct.)
- 6) P. A. H. College, Rani Sawargaon, 2005-06
- 7) P. A. H. College, Rani Sawargaon, 2006-07
- 8) S.G.B. College, Purna, 2014

PRACTICAL EXAMINAR:-

- 1) H. S. College, Udgir- 2002-03
- 2) B. P. Ed. College, Nanded 2005-06
- 3) B. P. Ed. College, Jawala B. 2007-08
- 4) B. P. Ed. College, Jawala B. 2008-09

- 5) B. P. Ed. College, Jawala B. 2009-10
- 6) A.C.S, Sharda Mahavidyalaya, Parbhani 2012, 2014.

OFFICIAL :-

- 1) Inter National
- 2) National
- 3) State Level
- 4) University Level
- 5) District Level

SELECTION COMMITTEE:

- 1) Marathwada Agriculture Uni. Parbhani. Nomination of selection Committee Athletics M./W., 2003-04
- 2) Marathwada Agriculture Uni. Parbhani. Nomination of selection Committee Athletics M./W., 2004-05
- 3) Selector for S.R.T.M.U.Nanded Yogasana M./W. Team. – 2005-06
- 4) Marathwada Agriculture Uni. Parbhani. Nomination of selection Committee Athletics M./W., 2005-06
- 5) Selector for S.R.T.M.U.Nanded Athletics M./W. Team.–2005-06
- 6) Selector for S.R.T.M.U.Nanded Table tennis Men Team.–2006-07
- 7) Marathwada Agriculture Uni. Parbhani. Nomination of selection Committee Athletics M./W., 2006-07
- 8) Marathwada Agriculture Uni. Parbhani. Nomination of selection Committee Athletics M./W., 2007-08
- 9) Selector for S.R.T.M.U.Nanded Athletics M./W. Team.– 2007-08
- 10) Selector for S.R.T.M.U.Nanded Table tennis M/W Team– 2008-09
- 11) Marathwada Agriculture Uni. Parbhani. Nomination of selection committee Athletics M./W., 2008-09
- 12) Marathwada Agriculture Uni. Parbhani. Nomination of selection committee Athletics M./W., 2009-10

- 13) Selector for S.R.T.M.U.Nanded Cross Country M./W. Team.– 2010-11
- 14) Marathwada Agriculture Uni. Parbhani. Nomination of selection Committee Athletics M./W., 2010-11
- 15) Selector for S.R.T.M.U.Nanded Cross Country M./W. Team.– 2011-12
- 16) Marathwada Agriculture Uni. Parbhani. Nomination of selection Committee Athletics M./W., 2011-12
- 17) Selector for S.R.T.M.U.Nanded Athletics M./W. Team.–2012-13
- 18) Selector for S.R.T.M.U.Nanded Cross Country M./W. Team.– 2012-13
- 19) Marathwada Agriculture Uni. Parbhani. Nomination of selection Committee Athletics M./W., 2012-13
- 20)) Selector for S.R.T.M.U.Nanded Yogasan M./W. Team.–2012-13
- 21) Selector for S.R.T.M.U.Nanded Athletics M./W. Team.–2013-14
- 22) Selector for S.R.T.M.U.Nanded Cross Country M./W. Team.– 2013-14
- 23) Marathwada Agriculture Uni. Parbhani. Nomination of selection Committee Athletics M./W., 2013-14
- 24) Selector for S.R.T.M.U.Nanded Yogasan M./W. Team.–2013-14
- 25) Selector for S.R.T.M.U.Nanded Athletics M./W. Team.–2014-15
- 26) Selector for S.R.T.M.U.Nanded Cross Country M./W. Team.– 2014-15
- 27) Marathwada Agriculture Uni. Parbhani. Nomination of selection Committee Athletics M./W., 2014-15
- 28) Selector for S.R.T.M.U.Nanded Yogasan M./W. Team.–2014-15
- 29) Selector for S.R.T.M.U.Nanded Athletics M./W. Team.–2015-16
- 30) Selector for S.R.T.M.U.Nanded Cross Country M./W. Team.– 2015-16
- 31) Marathwada Agriculture Uni. Parbhani. Nomination of selection Committee Athletics M./W., 2015-16
- 32) Selector for S.R.T.M.U.Nanded Yogasan M./W. Team.–2015-16
- 33) Selector for S.R.T.M.U.Nanded Yogasan M./W., Atheletics M/W Cross Country M/W Team.–2016-17

Coach & Team Manager:-

Sr. No.	Event	Coach / Manager	State / National Level	Venue	Accad. Year
01	Chess	Manager	All India Inter University	G.J. University, Hisar (Hariyana)	2001-02
02	Athletic Women	Coach	All India Inter University	Gulbarga (Karnataka)	2003-04
03	Athletic Women	Coach	All India Inter University	A. N. Uni. Guntur (A. P.)	2004-05
04	Athletic Women	Coach	Maharashtra State Int. Uni.	S.R.T.M.U. Nanded (M.S.)	2004-05
05	Athletic Women	Coach	All India Inter University	M.S. Uni. Tirunelveli (Kerla)	2005-06
06	Athletic Women	Coach	Maharashtra State Int. University	Marathwada Agriculture Uni. Parbhani (M.S.)	2005-06
07	Athletic Women	Coach	All India Inter University	Benglor (Karnataka)	2006-07
08	Athletic Women	Coach	Maharashtra State Int. University	N.M. Uni. Jalgaon (M.S.)	2006-07 Gold Medal, (S.P.) Bronze Medal(J.T.)
09	Basket Ball	Coach	Maharashtra State	B.D.Assoc. Satara (M.S.)	2006-07
10	Athletic Women	Coach	All India Inter University	Annamalai Uni. Chandambaram, (T.N.)	2007-08
11	Athletic Women	Coach	Maharashtra State Int. Uni.	Y.C.M.O.Uni. Nasik (M.S)	2007-08
12	Athletic Women	Coach	All India Inter University	M.G. University Kottayam (Kerala)	2008-09
13	Athletic Men	Coach	Maharashtra State Int. University	M. Phule Krishi Vidhyapith , Rahuri (M.S)	2008-09 Silver Medal, 4x400 M.
14	Athletic	Coach	All India Inter	University of Madras	2009-10

	Women		University	(Tamilnadu)	
15	Athletic Men	Coach	Maharashtra State Int. University	B. Sawant Krishid Vidhyapith Dapoli (M.S.)	2009-10 Bronze Medal(S.P.)
16	Athletic Women	Coach	All India Inter University	A.N. Uni. Guntur (A, P.)	2010-11
17	Athletic Men	Coach	Maharashtra State Int. University	P. Deshmukh Krishid Vidhyapith Akola (M.S)	2010-11 Silver Medal 800M.
18	Cross Country M/W	Coach	All India Inter University	G.B. Pant Uni. Pantnagar (Uttarkhand)	2010-11
19	Cross Country M/W	Coach	All India Inter University	M.D. Uni. Rohtak (Hariyana)	2011-12
20	Athletic Men/ Women	Coach	Maharashtra State Int. University	Marathwada Agri. Uni. Parbhani (M.S)	2011-12 Silver Medal (D.T.) Bronze Medal 4x400M (Men/Women)
21	Athletic M/w	Coach	All India Inter University	S.R.T.M.University Nanded.	2011-12
22	Cross Country Men	Coach	All India Inter University	R.S.G. University Nagpur (M.S)	2012-13
23	Athletic M/w	Coach	All India Inter University	University of Kallayani (W.B.)	2012-13
24	Athletic Men/ Women	Coach	Maharashtra State Int. University	R.S.G. Uni. Nagpur (M.S)	2012-13 Bronze Medal (D.T.) (J.T.) (Men)
25	Athletic Men/ Women	Coach	Maharashtra State Int. University	Heath Uni. Nasik (M.S)	2013-14 Silver Medal (M) 5000 Bronze Medal 1500 (M/W)
26	Athletic M/w	Coach	All India Inter University	Panjabi University Patiala .(Panjab)	2013-14
27	Athletic M/w	Coach	All India Inter University	Health Sci,Uni.Banglore (Karnatka)	2014-15 Gold Medal 10000(M)

28	Athletic M/w	Coach	All India Inter University	Health Sci,Uni.Banglore (Karnataka)	2014-15 Silver Medal 5000(M)
29	Cross Country M/w	Coach	All India Inter University	M.G.Uni.Kottayam (Kerala)	2014-15
30	Athletic Men/ Women	Coach	Maharashtra State Int. University	Dr.B.A.M.Uni.Aurangabad (M.S)	2014-15 Silver Medal 5000-1500 (M)
31	Cross country Men/ Women	Coach			2015-16
32	Cross country Men/ Women	Coach	All India Inter University	R.G. University, Health Sci. Bengaluru	2016-17
33	Athletics Men/ Women	Coach	All India Inter University	Anna University, Chennai	2016-17
34	Athletic Men/ Women	Coach	Maharashtra State Int. University	Dr. Vasant Rao Naik, Krishi Vidhyapeeth, Parbhani	2016-17 Shotput Gold Medal Tripal Jump Silver Medal

Extra Curricular Activities:

- 1)The Students participating in National / International / Inter University Games & Sports are always and encouraged by giving sports kit & Suit.
- 2) Arbiter in the All India Inter University Chess Tournament held at "Guru Jambheshwar University Hisar. (Hariyana)" : 2001-2002.
- 3) 8th Maharashtra State Inter University Ashwamedh Tournaments worker as a supervisor committee member in Athletics.
- 4) Supervisor committee member of Marathwada Agriculture University, Parbhani. Ashwamedh : 2005-2006
- 5) Member of the Eligibility form checking committee inter university & All India Inter University Kabaddi (M.) Tournaments. : Organised by S.R.T. M.

University Nanded. 2008-2009.

6) Committee member of Marathawada Agriculture University, Parbhani, All India
Agriculture I.U.T. Athletics Tournaments 2009-2010.

7) Member of Parbhani District Yogasana Association, Athletics Association.